



Just From Jan

by Jan Yanez
Cooperative
Extension Agent

THE UL HOME SAFETY PLANNING GUIDE

6 Days To A Safer Home

When you're a parent, safety is an important part of protecting your family.

You probably know about childproofing and some of the other safety basics, but what about bigger safety issues, such as fire, floods or other natural disasters that can strike without warning?

UL is here to help. Below you'll find one easy thing to do each day for a week to help plan and prepare to keep your family safer. The end result is a safer home in seven simple steps.

Day 1

Create a Fire Escape Plan

Draw a simple floor plan of your home. On it, mark two exits from every room, including windows, and an assembly point outside of your house. Write "Call 911" on the escape plan and post it in a central location, such as the refrigerator door. Hold a fire drill with all members of your family to be sure everyone understands the plan.

Day 2

Install/Check Smoke Alarms

Smoke alarms save lives. Install at least one UL-listed smoke alarm on every level of your home, including the basement and outside each sleeping area. Once you have them installed, test smoke alarms once a week and replace smoke alarm batteries twice a year. So go on, check those batteries!

Day 3

Pick a Meet-up Spot

An important part of any safety plan is a designated

meet-up spot in case disaster prevents you from reaching your home. Choose a meeting place away from the home with your kids and make sure they know how to get there. Families that have discussed where they'll meet and what to do in different situations are always better prepared when disaster strikes.

Day 4

Choose an Emergency Contact

Designate an out-of-town relative or friend to be your family's emergency contact and keep their information with you at all times. Let that relative know that they are your family's go-to person.

Day 5

Review Kids' Information

When old enough, children should know their full name, parents' full names, address (including city and state), home phones numbers (including area code) and parents' work phone numbers or cell phones. Younger kids can work on learning their full name and phone number first and then your out-of town contact as they are able. A fun way to teach younger children your phone number? Turn it into a song.

Day 6

Prepare an Emergency Kit

Kits should include:

- * five days worth of non-perishable food and water
- * can opener
- * flashlight
- * Portable emergency radio (hard-work, solar-powered or batter operated)
- * Batteries
- * Any prescription medication needed by family members
- * First aid kit
- * List of phone numbers for relatives
- * Neighbors and utility company phone numbers and information
- * Pictures and descriptions of your family
- * If you have pets, include 5 days' worth of canned pet food and water, sturdy leashes, harnesses or carriers,



RLHS Spanish Club Officers! The Robert Lee High School Spanish Club officers for 2011-2012 are from (left to right) Rachel Rojas (President), Luisa Carrera (Reporter), Zachary Sanchez (Treasurer), Diana Vera (Vice-President) and Jordan Gartman (Secretary)

current photos and descriptions and a litter box.

Hay Hotline - Connecting Transportation Needs

The Texas Department of Agriculture has created a hay hotline in an effort to respond to the shortage of hay and feed for livestock in Texas. Through this hotline, the department is connecting buyers and sellers and buyers with hay transportation options/operators. To assist

in these efforts, please visit: <http://www.gotexan.org/HayHotlineHome.aspx>.

Sheriff reminds citizens of 24 hour phone number

Sheriff Wayne McCutchen wishes to remind all Coke County citizens that the Sheriff's Department phone is answered 24 hours a day, 7 days a week. The number to call is (325) 453-2717.

Send your news in through the internet.

Email: o-e@wcc.net

Please send articles in the body of the email and photos as a jpeg attachment.

ANGELO GOLD EXCHANGE

- Unwanted Rings
- Unmatched Earrings
- Out-of-style Pendants
- Knotted or Kinked Chains
- Unwanted Used Jewelry
- Silver Jewelry
- Dental Gold
- Volume Pricing

WE BUY
POUNDS • CANADIAN BILLS • EUROS

It's Easy! Just bring it by for your FREE estimate today!

325-655-GOLD • 1017 Caddo St. • San Angelo
Open 7 Days a Week Until 7:00 pm

Celebrate Halloween with a Treat from

Cruzin

277

Monday, October 31st
11 am to 8 pm

Wear your costume to get a free treat!

At the Stoplight in Downtown Bronte • (325) 473-4000