

# ROBERT LEE SCHOOL NEWS

## RLHS Golf Results

The Robert Lee Steers and Lady Steers golf teams participated in the Eden Tournament on February 24 and 25.

The Lady Steers finished 2nd with a 435 total. Christoval finished 1st in the 6 team field with a 407 team total. Brady Clawson led the Lady Steers with a 102, finishing 6th in the medalist competition. Jesse Sheets shot a 107, with Ashlie Tennison shooting a 116, Sandra Flores 109, and Berenice Fabian 115.

The Steers finished 5th in an 11 team field with a 430 total. Rochelle won the tournament with a 361 total. For the Steers, Wade Allen shot a 97, Jake Jackson 107, Michael Curry 113, and Efrain Olguin 113.

## RLJH participates in Water Valley Relays

Both the Robert Lee Dogies and Lady Dogies participated in the 2014 Wildcat Junior High Relays. The Lady Dogies finished in 5th place with 52 points and the Dogies also finished in 5th place with 64 points. Robert Lee finished in 6th place overall with 116 points. Individual results are listed below.

### Girls

1600 M Relay – 5th, Robert Lee, 5:17.62

800 M Relay – 6th, Robert Lee, 2:09.01

Long Jump – 3rd, M. Mendoza, 14'0.5" 5th, M Munoz, 13'3.25"

Shot Put – 1st, K. Burns, 13'7" 4th, M. Mendoza, 28'9"

Discus – 1st, K Burns, 67'1" 3rd, M. Mendoza, 63'1" 6th, Roach, 54'2.5"

400 M Relay – 5th, Robert Lee, 1:00.92

100 M Hurdles – 6th, Mendoza, 21.28

### Boys

200 M Dash – 2nd, D. Mendoza, 25.93

100 M Dash – 5th, Jowers, 14.87

800 M Relay – 3rd, Robert Lee, 1:52.49

400 M Dash – 3rd, I. Smith, 1:02.62

Long Jump – 3rd, D. Mendoza, 17'7.50"

High Jump – 1st, Daniel M., 5'4"

400 M Relay – 1st, Robert Lee, :53.17

## RLISD Board minutes posted

The Robert Lee ISD Board of Trustees met in regular session Thursdaym February 20, 2014m, at 5 pm.

The meeting was called to order by President Wes Washam.

Members present were Wes Washam, Jeffie Roberts, Beverly Sinclair, Erin Oleksiuk, Tom Sawyer and George Grim. Irma Torres was absent.

The Invocation and pledge were led by Tom Sawyer.

Erin Oleksiuk made a motion to approve the minutes of January 23, 2014, meeting. Her motion was seconded by Tom Sawyer. All voted for.

Jeffie Roberts made a motion to accept the financial report as

presented by Robin Allen and to pay the bills, seconded by George Grim. All voted for.

Wayne Simpson gave his report with elementary enrollment for January at 131 students and 94.1% attendance rate. David O'Dell, High School Principal, gave his report with enrollment for grades 7-12 at 99 and attendance rate of 95.1% for the month of January.

Supt. Hood recommended adopting the 2014-2015 RLISD School Calendar as presented. Erin Oleksiuk made a motion to approve the calendar, seconded by Beverly Sinclair. All voted for.

Supt. Hood recommended signing the engagement letter/agreement to secure Eckert & Company, LLP for the District Audit for year ending August 31, 2014. Tom Sawyer made a motion to approve recommendation, seconded by Jeffie Roberts. All voted for.

Wayne Simpson and David O'Dell gave the 2012-2013 Texas Academic Performance Report for their campus.

Supt. Hood gave his respective report on facilities, enrollment numbers, budget and track meets.

The Board adjourned from open session at 5:25 pm and entered into closed session at 5:26 pm. The Board reconvened into open session at 7:03 pm.

A motion was made by Tom Sawyer and seconded by Erin Oleksiuk to give a one year extension to the Athletic Director's contract. All voted for.

A motion was made by George Grim and seconded by Tom Sawyer to issue a two year term contract to the high school principal with a 3% increase in salary. No action was taken on the Elementary Principal Contract.

The next regular school board meeting will be March 20, 2014, at 5 pm.

A motion was made by Jeffie Roberts and seconded by Erin Oleksiuk to adjourn. All voted for.

The meeting adjourned at 7:07 pm.

## Ivey/Ford Scholarships to be awarded

Ford Motor Company and Ivey Motor Co., Inc. continue strong commitment to FFA. For a sixteenth year, Ford Motor Co, Ivey Motor Co, and Built Ford Tough-FFA collegiate scholarship program will award \$1,000. scholarships to area

seniors.

Ford has supported the National FFA since the first F-Series truck was introduced in 1948 and has sponsored the Built Ford Tough collegiate scholarship program since 1997. The program, equally funded by Ford Motor Company and Ford dealers, has awarded over 7 million in scholarships to FFA members.

Ivey Motor Co., Inc. is sponsoring the Built Ford Tough scholarship for Bronte High School, Robert Lee High School, and Sterling City High School for the 2013-2014 school year.

To be eligible, FFA members must submit an online 2014 Scholarship Application at [www.ffa.org](http://www.ffa.org) and take the required Signature Page to Ivey Motor Co. for the dealer endorsement and dealer code. FFA Advisors and Guidance Counselors assist in this process.

## Texas Big Game Awards 2014-2015 College Scholarship applications now available

Applications are available for the 14th Annual Texas Big Game Awards (TBGA) Wildlife Conservation College Scholarship Program, sponsored by Carter's Country Outdoor Stores and the Wildlife Heritage Foundation of Texas. Over \$15,000 will be awarded in college scholarships for the 2014-2015 school year.

All applicants for the TBGA scholarship program must be agriculture and/or natural resource-related majors. One \$1,500 scholarship will be awarded in each of the eight TBGA Regions, and the overall top scholarship applicant will receive a \$3,000 college scholarship.

Any entering college freshman (graduating high school senior), sophomore, or junior is eligible to apply for one of the available scholarships. The scholarship applications will be reviewed and ranked by a statewide scoring committee using set criteria. Applicants do not have to participate in the TBGA to be eligible for the scholarships.

To download the application, please visit <http://www.TexasBigGameAwards.org>.

Applications must be postmarked by March 31, 2014.



## Heart Attack & Stroke Will you know when it happens?

Did you know that February is National Heart Month. Do you know the signs of a heart attack and stroke?

If you or a loved one were having a heart attack or stroke would you know it? We'd all like to think "it won't happen to me. "The truth is heart disease and stroke are the number 1 and number 3 causes of death in America, respectively. (Cancer is number2.) And, although stroke is number3, it is a leading cause of serious long-term disability. This is true for both men and women...women may exhibit some different signs that they are having a heart attack or stroke, but it is a myth that only men are at risk for such events. Both heart attack and stroke require emergency medical attention. Time is a major factor. To reduce the chances for damage, disability, or even death, it is important to know the signs and act fast—calling 911 immediately for help.

### Heart attack

- A heart attack occurs when a section of the heart muscle dies or gets damaged because of reduced blood supply. Coronary Artery Disease (CAD) is the main cause of heart attack. A less common cause is a severe spasm of a coronary artery, which also can prevent blood supply from reaching the heart. If immediate treatment is not sought, further damage to the heart muscle can occur and an irregular heart rhythm may develop, which may result in cardiac arrest—when the heart stops completely. Here are signs that can mean a heart attack is happening:

- Chest discomfort. Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes or that

goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness, or pain.

- Discomfort in other areas of the upper body.

Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw, or stomach.

- Shortness of breath with or without chest discomfort."

- Feeling faint, woozy, or lightheaded

- Breaking out in a cold sweat.

- Nausea(feeling sick to your stomach) or vomiting.

As with men, women's most common heart attack symptom is chest pain or discomfort. But women are somewhat more likely than men to experience some of the other common symptoms, particularly shortness of breath, nausea/vomiting, and back or jaw pain.

Women are also more likely to have less common signs of a heart attack, including:

- heartburn,
- loss of appetite
- feeling tired or weak
- coughing
- heart flutters

Don't be deceived by television and movies. Though some heart attacks may happen suddenly and intensely, most heart attacks start slowly, with mild pain or discomfort over hours, days or weeks before a heart attack occurs. Often, people affected aren't sure what's wrong and wait too long before getting help.

If you think you or someone else may be having a heart attack, wait no more than a few minutes—five at most—before calling 911.

Even if you're not sure it's a heart attack, have it checked out (tell a doctor about your symptoms). Minutes matter! Fast action can save lives. Don't wait more than five minutes to call 911 or your emergency response number.

### Stroke

There are two types of stroke. The most common type, an ischemic stroke occurs when a clot blocks the blood supply to the brain (about 85percent of all strokes are ischemic strokes). Another type of stroke, a hemorrhagic stroke, occurs when a blood vessel in or around the brain ruptures or leaks. In either

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