

Chuck Norris presents KickStart Kids at 138th annual conference



At the invitation of Grimes County Sheriff Don Sowell, Kickstart Kids was a featured presentation at the 138th Annual Law Enforcement Training Conference & Expo hosted by the Sheriffs' Association of Texas. Mr. Norris spoke during the 11 am general assembly Monday morning, July 25, 2016. With an introduction from Chief Bill Waybourn, Mr. Norris shared how KickStart Kids acts as an ally for law enforcement by using nationally approved best-practice strategies to help young people resist negative peer pressure, avoid self-destructive behaviors, and make responsible decisions. KickStart Kids incorporates this philosophy and research published by the U.S. Department of Justice that revolves around the concept of law enforcement and partners in the community, like Operation Blue Shield, working together to ensure public safety for all in the

community. By engaging in partnerships, problem solving, and organizational change, a law enforcement agency can approach public safety in a comprehensive, proactive method. The mission of KickStart Kids is to teach character through karate. KickStart Kids is a 501 C3 nonprofit organization dedicated to giving middle school students the tools and support necessary to resolve conflicts, avoid participating in gangs, choose a drugfree lifestyle, resist negative peer pressure, and remain in school until they graduate. Students in the program achieve a higher level of academic success and ultimately become more productive members of their communities. For over 20 years, KickStart Kids has developed and delivered their in-school physical education program based on martial arts. They teach responsibility and character

development, while building self-esteem by engaging kids in a school-based activity. KickStart Kids is recognized through the TEA (Texas Education Agency) allowing Texas' independent school districts to award up to two PE credits for participation by the students. Since its inception, KickStart Kids program has been endorsed by teachers, parents, school officials and community leaders as having a positive impact on the lives of more than 85,000 alumni. The continued success of KickStart Kids is largely due to the committed

dedication of over 70 instructors and staff. KickStart Kids was established in 1990 by Chuck Norris with the help of former President George H. W. Bush. In 1992, the program was launched in Houston in four public middle

schools -Central, Burbank, Hamilton, and Hogg. Chuck and Gena Norris serve as Chairman and Executive Chairman. The success of the KickStart Kids foundation is their life's mission, with a vision to be in every school in Texas.



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ROBERT LEE INDEPENDENT SCHOOL DISTRICT 1323 Hamilton, Robert Lee, Texas 76945

Dear Parent/Guardian:

Children need healthy meals to learn. Robert Lee ISD offers healthy meals every school day. Breakfast costs \$1.80 lunch costs Pre k-6 \$2.50, 7-12 \$2.75. Your children may qualify for free meals or for reduced-price meals. Reduced price is \$.30, for breakfast and \$.40 for lunch. If you received a notification letter that a child is directly certified for free meals, do not complete an application. Let the school know if any children in the household attending school are not listed in the letter.

The following questions and answers will provide additional information on how to complete the application. Complete only one application for all the students in the household and return the completed application to Shanna Freeman, 1323 Hamilton, Robert Lee, Texas. If you have questions about applying for free or reduced price meals, contact Shanna Freeman, (325) 453-4555.

1. Who can get free meals?

- **Income**-Your children can get free or reduced-price meals if your household's gross income is within the limits described on the Federal Income Eligibility Guidelines.
- **Special Assistance Program Participants**- Children in households receiving benefits from the Supplemental Nutrition Assistance Program (SNAP), Food Distribution Program on Indian Reservations (FDPIR), or Temporary Assistance for Needy Families (TANF), are eligible for free meals.
- **Foster**-Foster children who are under the legal responsibility of a foster care agency or court are eligible for free meals.
- **Head Start, Early Head Start, and Even Start**-Children participating in these programs are eligible for free meals.
- **Homeless, Runaway, and Migrant**-Children who meet the definition of homeless, runaway, or migrant qualify for free meals. If you haven't been told about a child's status as homeless, runaway, or migrant or you feel a child may qualify for one of these programs, please call or email Aaron Hood at 325-453-4555.
- **WIC Recipient**-Children in households participating in WIC may be eligible for free or reduced price meals.

2. What if I disagree with the school's decision about my application? You should talk to school officials. You also may ask for a hearing by calling or writing to **Aaron Hood, 1323 Hamilton, Robert Lee, Texas 76945 or call (325) 453-4555.**

3. My child's application was approved last year. Do I need to fill out another one? Yes. An application is only good for that school year and the first few days of this school year. You must send in a new application unless the school told you that your child is eligible for this school year.

4. If I don't qualify now, may I apply later? Yes. You may apply at any time during the school year. A child with a parent or guardian who becomes unemployed may become eligible for free and reduced-price meals if the household income drops below the income limit.

5. What if my income is not always the same? List the amount that you normally receive. If you have lost a job or had your hours or wages reduced, use your current income.

6. We are in the military. Do we report our income differently? Basic pay and cash bonuses must be reported as income. Any cash value allowances for off-base housing, food, or clothing, or Family Subsistence Supplemental Allowance payments count as income. If your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. Any additional combat pay resulting from deployment is excluded from income.

7. May I apply if someone in my household is not a U.S. citizen? Yes. You, your children, or other household members do not have to be U.S. citizens to apply for free or reduced-price meals.

8. Will application information be checked? Yes. We may also ask you to send written proof of the reported household income.

9. My family needs more help. Are there other programs we might apply for? To find out how to apply for other assistance benefits, contact your local assistance office or 2-1-1.

If you have other questions or need help, call: Shanna Freeman, (325) 453-4555.

Si necesita ayuda, por favor llame al telefono: Shanna Freeman, (325) 453-4555.

Sincerely,
Shanna Freeman
Food Service Manager

INCOME ELIGIBILITY GUIDELINES FOR DETERMINING FREE AND REDUCED PRICE BENEFITS Effective From July 1, 2016, To June 30, 2017

| Family Size | Annually | | Monthly | | Twice per Month | | Every Two Weeks | | Weekly | |
|--|----------|-----------|---------|---------|-----------------|---------|-----------------|---------|---------|---------|
| | Free | Reduced | Free | Reduced | Free | Reduced | Free | Reduced | Free | Reduced |
| 1 | \$15,444 | \$21,978 | \$1,287 | \$1,832 | \$644 | \$916 | \$594 | \$846 | \$297 | \$423 |
| 2 | \$20,826 | \$29,637 | \$1,736 | \$2,470 | \$868 | \$1,235 | \$801 | \$1,140 | \$401 | \$570 |
| 3 | \$26,208 | \$37,296 | \$2,184 | \$3,108 | \$1,092 | \$1,554 | \$1,008 | \$1,435 | \$504 | \$718 |
| 4 | \$31,590 | \$44,955 | \$2,633 | \$3,747 | \$1,317 | \$1,874 | \$1,215 | \$1,730 | \$608 | \$865 |
| 5 | \$36,972 | \$52,614 | \$3,081 | \$4,385 | \$1,541 | \$2,193 | \$1,422 | \$2,024 | \$711 | \$1,012 |
| 6 | \$42,354 | \$60,273 | \$3,530 | \$5,023 | \$1,765 | \$2,512 | \$1,629 | \$2,319 | \$815 | \$1,160 |
| 7 | \$47,749 | \$67,951 | \$3,980 | \$5,663 | \$1,990 | \$2,832 | \$1,837 | \$2,614 | \$919 | \$1,307 |
| 8 | \$53,157 | \$75,647 | \$4,430 | \$6,304 | \$2,215 | \$3,152 | \$2,045 | \$2,910 | \$1,023 | \$1,455 |
| 9 | \$58,565 | \$83,343 | \$4,881 | \$6,946 | \$2,441 | \$3,473 | \$2,253 | \$3,206 | \$1,127 | \$1,603 |
| 10 | \$63,973 | \$91,039 | \$5,332 | \$7,588 | \$2,667 | \$3,794 | \$2,461 | \$3,502 | \$1,231 | \$1,751 |
| 11 | \$69,381 | \$98,735 | \$5,783 | \$8,230 | \$2,893 | \$4,115 | \$2,669 | \$3,798 | \$1,335 | \$1,899 |
| 12 | \$74,789 | \$106,431 | \$6,234 | \$8,872 | \$3,119 | \$4,436 | \$2,877 | \$4,094 | \$1,439 | \$2,047 |
| For each additional family member add: | | | | | | | | | | |
| | +\$5,408 | +\$7,696 | +\$451 | +\$642 | +\$226 | +\$321 | +\$208 | +\$296 | +\$104 | +\$148 |

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