

THE OBSERVER/ ENTERPRISE



Serving Coke County

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Friday, September 23, 2016

4-H Project Meetings set for Monday

There will be an Ag 4-H Project meeting on Monday, September 26, from 6 pm to 7:30 pm at the Robert Lee Rec Hall.

There will also be a Food and Nutrition project meeting on the same day at the Robert Lee FCCLA Classroom at 4:15 pm. Watch the Coke County Extension Facebook page for updates.

The Ag Project meeting will give parents and 4-Hers information about possible projects and contests for the upcoming fall, winter, and spring. Projects that will be highlighted are Shooting Sports, Wool/ Livestock Judging, Swine/Beef Quiz Bowl, Entomology Collection/ Identification, Livestock Projects, and Livestock Skill-a-Thon.

Enrollment in 4-H can be done online at texas.4honline.com for new, re-enrolling members, and volunteers are also welcome to enroll. Please email Morgan Runyan (morgan.runyan@ag.tamu.edu) or Kandice Everitt (kandice.everitt@ag.tamu.edu) if you need enrollment steps or have any questions.

Red Hat Society to meet

The Red Hat Society will meet at 11 am Thursday, October 6, 2016, at Golden Corral in San Angelo. The restaurant's location is 4387 Houston Harte Express, near Home Depot.

Come and enjoy the food, fun and fellowship.

Diabetes Support Class begins October 6

By Kandice Everitt
Texas AgriLife

Do you have Type 2 Diabetes? Do you know someone who has Type 2 Diabetes that you help with? Then this program is for you! The Texas A&M AgriLife Extension Service of Coke County will be hosting a 5 week Do Well Be Well with Diabetes to help those with type 2 diabetes. Come get the encouragement you need to make a positive change as well as meet those you who have the same concerns as you.

Do Well be Well is a 5 week program that covers a variety of topics. The 5 lessons that will be featured include: 'How Food Affects Your Blood Glucose', 'Are You Eating the Right Number of Carbohydrates? Let's Find Out!', 'Beyond the Diet: Improving Your Blood Glucose Control with Physical



Spotlight Alumni! Three Bronte Alumni were honored at the Restoring Bronte Foundation Tailgate Dinner just prior to the Bronte High School Homecoming game. The honorees were Doug McCutchen (posthumous award), Dennie Ray Braswell, and Jerrod McClure. Accepting for Doug McCutchen were his brother-in-law Martin Lee, his sister Patricia Lee and his wife Kathy McCutchen.

Activity', 'Beyond Food and
(Continued on page 8)



Farm Bureau County Convention! On Tuesday August 16, 2016, the Coke-Sterling County Farm Bureau held their annual County Convention at the Robert Lee Rec Hall. This year, a total of 82 members and guests attended. The caterer began serving the meal at approximately 6:15 pm. Gordon Hayes BBQ & Catering catered a rib eye steak dinner with potatoes, green beans, bread, dessert, tea or water for this year's convention. The business session started around 7:20 pm with a prayer followed by the Pledge of Allegiance. Si Cook, TFB Executive Director/COO was the guest speaker.

FOOTBALL FRIDAY NIGHT!



Robert Lee Steers
vs. Highland Hornets

Friday, September 23, 2016
7:30 pm Highland

Bronte Longhorns
vs. Irion County Hornets

Friday, September 23, 2016
7:30 pm Mertzon



Blackwell Hornets
vs. Moran Bulldogs

Friday, September 23, 2016
7:30 pm Blackwell